

MONTANA EMS & Trauma Systems EMS for Children/Child Ready MT 1400 Broadway, Rm C303 PO Box 202951 Helena, MT 59620-2951

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EMSC/CHILD READY CONNECTION NEWSLETTER



NOVEMBER 2019

Greetings!

The Emergency Medical Services for Children (EMSC) Program aims to ensure that emergency medical care for the ill and injured child or adolescent is well integrated into an emergency medical service system.

We work to ensure that the system is backed by optimal resources and that the entire spectrum of emergency services (prevention, emergency response, prehospital care, hospital care, inter-facility transport, and rehabilitation) is provided to children and adolescents, no matter where they live, attend school or travel.

THE RIGHT CARE AT THE RIGHT PLACE AT THE RIGHT TIME WITH THE RIGHT RESOURCES!



Child Ready Montana- State Partnership of Regionalized Care (SPROC)

The intent of the program is to develop an accountable culturally component and assessable emergent care system for pediatric patients across Montana.

Exciting news and events are going on this month!

IS YOUR FACILITY OR EMS AGENCY INTERESTED IN THE BEST POSSIBLE CARE FOR CHILDREN? BECOME FORMALLY RECOGNIZED -

BIG SKY EMS CONFERENCE NOVEMBER 7-9TH IN BILLINGS— PEDIATRIC EDUCATION DAY IS THURSDAY, NOVEMBER 7TH!





PEDIATRIC PREPARED FACILITIES THAT HAVE RECEIVED RECOGNITION:



CONGRATULATIONS TO ST. JAMES HEALTHCARE IN BUTTE - THEY ARE THE NEWEST FACILITY TO BE FORMALLY RECOGNIZED AS A PEDIATRIC PREPARED FACILITY!!

FORMALLY RECOGNIZED PEDIATRIC PREPARED FACILITIES:

Benefis Healthcare in Great Falls

Beartooth Billings Clinic in Red Lodge **Community Medical Center** in Missoula

Kalispell Regional Healthcare Northern Montana Hospital in Havre Montana North Valley Hospital in Whitefish Montana

- St. Patrick/Providence in Missoula
- St. Vincent Healthcare in Billings Montana

Pediatric Capable Facilities that have received recognition:

Big Horn County Memorial Hospital in Hardin

Central Montana Medical Center in Lewistown

Daniels Memorial Healthcare Center in Scobey

Phillips County Hospital in Malta Montana Pondera Medical Center in Conrad

Stillwater Billings Clinic in Columbus Montana

THANK YOU TO ALL THE FACILITIES!

If your facility would like to be formally recognized, please contact Robin Suzor at rsuzor@mt.gov or at (406)444-0901 or

Check out the Pediatric Facility Recognition information on

https://dphhs.mt.gov/publichealth/EMSTS/emsc

PREHOSPITAL AMBULANCE PEDIATRIC RECOGNITIONS:

LEVEL IV GOLD-SAFETY PLUS ENDORSEMENT: Pediatric equipment, pediatric safe transport device, pediatric education for staff, Pediatric Champion (PECC), Community events, Child Passenger Safety Technician on staff for the safe transport of children in private vehicles and background checks on staff to help ensure children's safety (SAFETY PLUS Endorsement).

- HAVRE FIRE DEPARTMENT
 - PULSE-JEFFERSON VALLEY EMS/RESCUE
- AMERICAN MEDICAL REPONSE (AMR-Billings)
- RED LODGE FIRE RESCUE
- MISSOULA EMERGENCY SERVICES, INC.
- MONTANA CITY EMS
- GREAT FALLS EMS
- STAT AMBULANCE (Glasgow)
- LIVINGSTON FIRE & RESCUE

LEVEL III PLATINUM: Above criteria without the Child Passenger Safety Technician on Staff.

- REDWATER VALLEY AMBULANCE
- COLUMBUS FIRE & EMS (SAFETY PLUS)
- VALLEY AMBULANCE
 - JESSE AMBULANCE SERVICE
- PHILLIPS COUNTY AMBULANCE
- PONDERA COUNTY AMBULANCE SERVICE
- WEST HELENA VALLEY VFD (SAFETY PLUS)
- ST VINCENT HEALTHCARE HELPFLIGHT
 - ROOSEVELT MEDICAL CENTER AMBULANCE
- HINSDALE AMBULANCE

LEVEL II BRONZE:

ROY VOLUNTEER AMBULANCE (LEVEL II)

Thank you to all the EMS Agencies!

THANK YOU TO THE HINSDALE AMBULANCE FOR SHARING THEIR COMMUNITY EVENTS!



On October 21 Hinsdale Ambulance

crew had the opportunity to have Pat and Wendy Goldhahn come to Hinsdale school and community to share the buckleupblue4Lauryn, organ gifting, and the vision zero campaign.



Students explore the career as an EMT & Firefighter



CHILD READY MONTANA



INDIGENOUS PEOPLE IN PSYCHIATRY

The American Psychiatric Association (APA) is launching a new Indigenous Peoples in Psychiatry Early Pipeline Program aimed at fostering more Native students' interests in the field of Psychiatry.

The program supports your attendance at APA conferences, connects you with Native psychiatrist mentors, provides you with study materials, and more.

The deadline for the program has been extended from **October 1st to October 15th**. Please use the link below for more information and to access the application.

If you have any questions, please reach out to Nadia Woods (nwoods@psych.org), Senior Program Manager for the Division of Diversity and Health Equity at the APA.

Click here [r20.rs6.net] to access the application

Did You Know?

Pregnant women who get vaccines for flu and whooping cough (Tdap) pass on disease-fighting antibodies to their babies, for several months after birth.

Even though flu and Tdap vaccines are safe to receive during pregnancy, about 2 in 3 moms-to-be do not receive both.

A healthcare provider's strong recommendation and offer of flu and Tdap vaccines is one of the strongest motivators for pregnant women to get vaccinated—according to the latest Vital Signs.

FREE RESOURCES YOUR LOCAL LIBRARY OFFERS! Libraries are important partners in community-based health literacy efforts. They support basic literacy programs and provide health information to patrons through a variety of ways. The resources on the website [t.emailupdates.cdc.gov] can help you identify common interests and opportunities to work with libraries.

Health IN THE 406

See Public Health Differently: Stop the Bleed

- Severe bleeding can lead to death in 5 minutes. In Montana, the average time from a 9-1-1 call until EMS arrives on the scene is 14 minutes.
- Bystanders are often the first to step in and help; everyone should be trained on how to Stop the Bleed. Find out more about <u>classes in your area</u> and how to get a <u>Bleeding Control Kit</u>.
- Montana ranks in the top 10 nationally for the percent of Stop the Bleed instructors per person. Missoula and surrounding area have been the trendsetters offering 40 classes and training approximately 1,000 Montanans.

HOST NATIONAL RURAL HEALTH DAY ACTIVITIES FOR A CHANCE TO WIN \$100!

The Montana Office of Rural Health invites health organizations, schools and rural communities to sponsor National Rural Health Day Activities to celebrate the power of rural and help transform this day into a movement!

Share photos and descriptions of the activities that your organization sponsored for NRHD to be entered for a drawing for \$100.

Submission deadline: November 25, 2019

Learn more here! [r20.rs6.net]



Addressing Social Determinants of Health Can Improve Community Health & Reduce Costs

Social determinants influence 50% of health outcomes

- Economic Stability
- Education
- Social & Community Context
- Health & Health Care
- Housing
- Transportation
- Food Security

Health Behaviors 30%

> Clinical Care 20%

Social Determinants of Health

50%

Our communities are reporting unmet social needs

Recent survey findings show the prevalence of unmet social needs



Food Environment

35%



Community Safety

25%



Housing

21%



Social Support

17%

Transportation

15%

Addressing determinants can improve health and reduce costs



2.4x

more likely to go to the emergency room



TRANSPORTATION NEEDS

2.6x

more likely to go to the emergency room



COMMUNITY SAFETY NEEDS

3.2x

more likely to go to the emergency room

TALKING ABOUT PREGNANCY LOSS

Today, dear readers, we're talking about something that's hard to talk about: losing a pregnancy. As health communicators and providers, it's our job to tackle tricky subjects in a way that serves the user—who, in this case, may be grieving and looking for answers. So, it's important to get these materials right.

First, let's clear up any confusion between these related terms. In the United States, we generally use the following definitions:

- Miscarriage is loss of a pregnancy before 20 weeks
- Stillbirth is loss of a pregnancy after 20 weeks

Well, that was the easy part. Now for the hard part—communicating about a topic that people might rather avoid. There's no sugarcoating it: losing a pregnancy can be traumatic. But you can take steps to write or talk about it in a useful way.

Try these tips:

- Normalize it. Because these experiences are hard to talk about, they can seem rarer than they
 actually are. But about 1 in 100 pregnancies ends in stillbirth, and as many as 15 in every 100
 known pregnancies end in miscarriage. So, when you write or talk about losing a pregnancy,
 consider mentioning how common it is. That way, people know they're not alone
 [communicatehealth.us6.list-manage.com].
- **Humanize it**. Patient stories can help people see a way forward from a terrible experience. When you can, include quotes, photos, or videos from people who've been there—that's often the best way to connect with people who are feeling isolated.
- **Publicize prevention**. Prenatal care and preventive services can help prevent some miscarriages and stillbirths. But, as always in pregnancy materials, be on the lookout for misogyny masquerading as medicine—working outside the home does not cause miscarriages, etcetera.
- Emphasize that it's not their fault. Most miscarriages happen because of genetic problems, and many stillbirths have no known cause. So be careful not to lay the blame on women. Even when people follow all the prevention guidelines, these things still happen. It's nobody's fault. Full stop.

And as always, when you write or talk about a subject that people may find traumatic, tell them where they find support.

The bottom line: Don't shy away from discussing pregnancy loss—provide clear, compassionate information about miscarriage and stillbirth.

Talking About Pregnancy Loss [communicatehealth.us6.list-manage.com] was originally published in wehearthealthliteracy [communicatehealth.us6.list-manage.com], where people are continuing the conversation by highlighting and responding to this story.

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FEMA PODCAST: PREPARED, NOT SCARED: TEACHING CHILDREN WHAT TO DO IN AN EMERGENCY

The third week of National Preparedness Month focused on the role of youth in disaster preparedness. This episode of the FEMA Podcast featured a roundtable discussion with a few members of the FEMA team.

They discussed the important roles children can play in building a culture of preparedness.

To listen, click here. https://www.fema.gov/podcast

The FEMA Podcast is available on Apple iTunes and Google Play to stream or download.

Children & Disasters



Introducing the New Ready Kids Website

Everyone in the family can help prepare for disasters and emergencies! That's why this <u>National Preparedness Month</u>, FEMA updated <u>Ready.gov/kids</u>. This section of <u>Ready.gov</u> now includes FEMA and partner resources for and about children and youth. Previously, these resources had

been on various FEMA and Ready.gov websites. But now, everything is just a few clicks away. Ready.gov/kids can even help you find what you're looking for—even if you're not sure yet what you need. Resource collections and a searchable resource library make finding these tools easy.

On the new Ready.gov/kids, you can fill out a <u>family communications plan</u>, meet <u>Pedro the Penguin</u>, watch a <u>webinar or PrepTalk</u>, and more. Ready.gov/kids has how-to resources and games for all audiences, including young people, families, educators, and caregivers. <u>Read more...</u>

VICARIOUS TRAUMA TOOLKIT WWW.OVC.GOV/VTT

Exposure to the traumatic experiences of other people—known as **vicarious trauma**—is an inevitable occupational challenge for the fields of victim services, emergency medical services, fire services, law enforcement, and other allied professionals. Research shows that vicarious trauma, when left unaddressed, can lead to staff burnout, turnover, stress, and a lesser quality of services for victims.

This OVC toolkit contains a state-of-the-art repository with nearly 500 resources and offers guidance to help organizations strengthen their ability to address work-related exposure to trauma. Updated in 2018, users can now access the *Blueprint for a Vicarious Trauma-Informed Organization* for a step-by-step guide to assist their organization in becoming more vicarious trauma-informed.

CREATING A VICARIOUS TRAUMA-INFORMED ORGANIZATION: STRATEGIES FOR SUCCESS

Learn from experts Dr. Beth Molnar,
Northeastern University, and Karen Kalergis,
Northeastern University Consultant, as they
provide an overview of the VTT and how to
use the toolkit to help your organization
become trauma-informed in this recorded
webinar.



View Transcript View Presentation Download

Victim Services





Fire Services



Law Enforcement



Addressing Vicarious Trauma in Victim Service Professionals







TRIVIA

Answer the trivia and win a SWAT - the first 5 to email answers to Robin at rsuzor@mt.gov NOT to the listserve.

- 1. What is vicarious trauma?
- 2. When is the Big Sky EMS Conference?
- 3. What hospital has been formally recognized recently?
- 4. What is one social determinant of health?

5.





MONTANA
EMS & TRAUMA
SYSTEMS PROGRAM

EMERGENCY MEDICAL SERVICES FOR CHILDREN PROGRAM, MT DEPARTMENT OF PUBLIC HEALTH AND HUMAN SERVICES, EMERGENCY MEDICAL SERVICES & TRAUMA SYSTEMS, P.O. BOX 202951, HELENA, MT 59620 - CONTACT INFORMATION: rsuzor@mt.gov or (406) 444-0901

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